

Distance	Stroke	Age Gp	Male - Short Course				Male - Long Course			
			Name	Time	Date	Pool	Name	Time	Date	Pool
50m	Freestyle	Open	Ryan Flanagan	22:22	05/12/2019	Ponds Forge, Sheffield	Ryan Flanagan	23:04	22/02/2020	John Charles, Leeds
100m	Freestyle	Open	Joseph Sadio	48:93	06/12/2019	Ponds Forge, Sheffield	Joseph Sadio	51:38	25/07/2019	Tollcross, Glasgow
200m	Freestyle	Open	Richard Jagger	1:54:56	29/10/2016	Ponds Forge, Sheffield	Richard Jagger	2:00:79	02/04/2016	Ponds Forge, Sheffield
400m	Freestyle	Open	Richard Jagger	4:14:27	27/10/2016	Ponds Forge, Sheffield	Richard Jagger	4:25:99	01/06/2019	Ponds Forge - Sheffield
800m	Freestyle	Open	Richard Jagger	8:55:24	27/10/2019	Ponds Forge, Sheffield	Kyran Parker	9:47:77	25/05/2016	London Aquatics Centre
1500m	Freestyle	Open	Kyran Parker	17:52:22	23/10/2016	Ponds Forge, Sheffield	Richard Jagger	17:49:54	12/02/2010	Ponds Forge, Sheffield
50m	Backstroke	Open	Samuel Lawman	25:31	06/12/2019	Ponds Forge, Sheffield	Samuel Lawman	26:85	06/04/2019	Hengrove Park, Bristol
100m	Backstroke	Open	Samuel Lawman	55:53	02/11/2019	Ponds Forge, Sheffield	Samuel Lawman	58:61	06/04/2019	Hengrove Park, Bristol
200m	Backstroke	Open	Richard Jagger	2:21:54	24/03/2019	Forum, Billingham	James Barwick	2:32:36	15/06/2019	National Pool, Swansea
50m	Breaststroke	Open	Rich Ayre	28:26	14/12/2016	Ponds Forge, Sheffield	Rich Ayre	29:06	25/07/2016	Ponds Forge, Sheffield
100m	Breaststroke	Open	Ben Taylor-Walsh	1:03:02	05/12/2019	Ponds Forge, Sheffield	Stephen Heselton	1:07:84	14/02/2015	John Charles, Leeds
200m	Breaststroke	Open	Josh Spencer	2:25:03	24/10/2015	John Charles, Leeds	Ben Taylor-Walsh	2:35:84	09/02/2020	John Charles, Leeds
50m	Butterfly	Open	Ryan Flanagan	24:12	02/11/2019	Ponds Forge, Sheffield	Ryan Flanagan	24:85	28/07/2019	Tollcross, Glasgow
100m	Butterfly	Open	Ryan Flanagan	54:53	25/10/2019	Ponds Forge, Sheffield	Ryan Flanagan	56:04	10/06/2018	Ponds Forge, Sheffield
200m	Butterfly	Open	Josh Spencer	2:09:43	06/07/2018	Paletine, Blackpool	Richard Jagger	2:21:65	19/08/2017	Duna Arena, Budapest
100m	Ind. Medley	Open	Ryan Flanagan	56:16	27/10/2019	Ponds Forge, Sheffield				
200m	Ind. Medley	Open	Ben Taylor-Walsh	2:13:09	15/07/2017	John Charles, Leeds	Joseph Sadio	2:17:76	16/01/2016	Ponds Forge, Sheffield
400m	Ind. Medley	Open	David Holmes	4:51:63	22/02/2015	Life Centre, Wigan	Kyran Parker	5:34:62	16/08/2017	Duna Arena, Budapest
Distance	Stroke	Age Gp	Female - Short Course				Female - Long Course			
			Name	Time	Date	Pool	Name	Time	Date	Pool
50m	Freestyle	Open	Nina Williams	27:39	25/10/2014	Ponds Forge, Sheffield	Nina Williams	28:59	14/06/2015	Manchester Aquatics Centre
100m	Freestyle	Open	Nina Williams	1:00:18	24/10/2014	Ponds Forge, Sheffield	Nina Williams	1:02:56	13/06/2014	National Pool, Swansea
200m	Freestyle	Open	Kirsten Cameron	2:07:42	12/09/2014	St Brelade - Jersey	Kirsten Cameron	2:09:05	13/06/2015	Manchester Aquatics Centre
400m	Freestyle	Open	Kirsten Cameron	4:24:42	13/09/2014	St Brelade - Jersey	Kirsten Cameron	4:28:24	14/06/2015	Manchester Aquatics Centre
800m	Freestyle	Open	Kirsten Cameron	8:55:34	24/01/2016	Papendrecht - Holland	Kirsten Cameron	9:06:86	12/06/2015	Manchester Aquatics Centre
1500m	Freestyle	Open	Kirsten Cameron	17:01:68	22/02/2015	Life Centre, Wigan	Kirsten Cameron	17:31:51	10/05/2015	Tongelreep, Eindhoven
50m	Backstroke	Open	Emily Jones	32:06	26/10/2014	Ponds Forge, Sheffield	Emily Jones	33:81	22/02/2020	John Charles, Leeds
100m	Backstroke	Open	Emily Jones	1:10:55	26/10/2014	Ponds Forge, Sheffield	Julie Hoyle	1:14:53	14/06/2015	Manchester Aquatics Centre
200m	Backstroke	Open	Emily Jones	2:35:99	25/10/2019	Ponds Forge, Sheffield	Julie Hoyle	2:43:16	12/06/2015	Manchester Aquatics Centre
50m	Breaststroke	Open	Lisa Dobson	36:24	15/11/2014	John Charles, Leeds	Emily Jones	38:55	22/02/2020	John Charles, Leeds
100m	Breaststroke	Open	Lisa Dobson	1:19:62	09/05/2015	John Charles, Leeds	Emily Jones	1:23:42	02/04/2016	Ponds Forge, Sheffield
200m	Breaststroke	Open	Emily Jones	2:56:96	26/10/2019	Ponds Forge - Sheffield	Emily Jones	3:00:75	01/04/2016	Ponds Forge, Sheffield
50m	Butterfly	Open	Philippa Rickard	29:99	24/04/2015	Tollcross, Glasgow	Philippa Rickard	30:68	13/06/2015	Manchester Aquatics Centre
100m	Butterfly	Open	Philippa Rickard	1:07:28	25/10/2014	Ponds Forge, Sheffield	Philippa Rickard	1:09:50	12/06/2015	Manchester Aquatics Centre
200m	Butterfly	Open	Philippa Rickard	2:41:94	25/04/2015	Tollcross, Glasgow				
100m	Ind. Medley	Open	Philippa Rickard	1:11:82	24/10/2014	Ponds Forge, Sheffield				
200m	Ind. Medley	Open	Emma Ross	2:31:22	09/05/2015	John Charles, Leeds	Emily Jones	2:37:61	01/04/2016	Ponds Forge, Sheffield
400m	Ind. Medley	Open	Lucy Recchia	5:41:16	28/10/2016	Ponds Forge, Sheffield	Katie Purcell	7:09:91	15/06/2013	Life Centre, Plymouth

\*Both Age Group and Masters meets count towards Open records

\*\*To break an Open record, athletes must have swum under the East Leeds banner

Distance	Stroke	Age Gp	Female - Short Course				Female - Long Course			
			Name	Time	Date	Pool	Name	Time	Date	Pool
50m	Freestyle	18-24	Kate Jolly	27.92	26/10/2019	Ponds Forge - Sheffield	Kristy Davis	30.16	14/06/2013	Plymouth
100m	Freestyle	18-24	Emily Jones	1.03.03	24/10/2014	Ponds Forge - Sheffield	Emily Jones	1.05.26	13/06/2015	Manchester
200m	Freestyle	18-24	Helen Phillips	2.17.28	17/05/2014	Scarborough	Kristy Davis	2.30.63	15/06/2013	Plymouth
400m	Freestyle	18-24	Emily Jones	5.00.02	14/05/2016	John Charles - Leeds	Kristy Davis	5.14.23	15/06/2013	Plymouth
800m	Freestyle	18-24	Charlotte Smith	10.27.02	29/10/2017	Ponds Forge - Sheffield	Kristy Davis	10.53.47	16/06/2013	Plymouth
1500m	Freestyle	18-24	Linda Evans	22.20.74	25/02/2012	Blackpool				
50m	Backstroke	18-24	Emily Jones	32.08	24/10/2014	Ponds Forge - Sheffield	Emily Jones	34.01	12/06/2015	Manchester
100m	Backstroke	18-24	Emily Jones	1.10.55	26/10/2014	Ponds Forge - Sheffield				
200m	Backstroke	18-24	Emily Jones	2.40.03	23/09/2018	Harrogate				
50m	Breaststroke	18-24	Emily Jones	36.53	24/10/2015	Ponds Forge - Sheffield	Emily Jones	38.66	13/06/2015	Manchester
100m	Breaststroke	18-24	Emily Jones	1.20.20	23/10/2015	Ponds Forge - Sheffield	Emily Jones	1.23.42	02/04/2016	Ponds Forge - Sheffield
200m	Breaststroke	18-24	Emily Jones	2.58.45	27/10/2017	Ponds Forge - Sheffield	Emily Jones	3.00.73	01/04/2016	Ponds Forge - Sheffield
50m	Butterfly	18-24	Kate Jolly	30.61	26/10/2019	Ponds Forge - Sheffield	Emily Jones	32.91	01/04/2016	Ponds Forge - Sheffield
100m	Butterfly	18-24	Kristy Davis	1.11.50	14/12/2014	Ponds Forge - Sheffield	Katie Purcell	1.36.87	15/06/2013	Plymouth
200m	Butterfly	18-24	Charlotte Smith	2.43.75	29/10/2017	Ponds Forge - Sheffield				
100m	Ind. Medley	18-24	Emily Jones	1.11.84	24/10/2014	Ponds Forge - Sheffield				
200m	Ind. Medley	18-24	Emily Jones	2.34.87	26/10/2016	Ponds Forge - Sheffield	Emily Jones	2.37.61	01/04/2016	Ponds Forge - Sheffield
400m	Ind. Medley	18-24					Katie Purcell	7.09.91	15/06/2013	Plymouth
50m	Freestyle	25-29	Emma Ross	28.15	25/10/2014	Ponds Forge - Sheffield	Emily Jones	29.60	01/06/2019	Ponds Forge - Sheffield
100m	Freestyle	25-29	Emma Ross	1.00.28	14/12/2014	Ponds Forge - Sheffield	Jessica Trewin	1.11.07	01/06/2019	Ponds Forge - Sheffield
200m	Freestyle	25-29	Anna Cheesebrough	2.11.12	22/02/2020	Blackpool	Jessica Trewin	2.30.38	01/06/2019	Ponds Forge - Sheffield
400m	Freestyle	25-29	Emma Ross	4.37.34	25/10/2014	Ponds Forge - Sheffield	Jessica Trewin	5.12.88	01/06/2019	Ponds Forge - Sheffield
800m	Freestyle	25-29	Emma Ross	9.59.18	26/10/2014	Ponds Forge - Sheffield	Jessica Trewin	10.43.76	01/06/2019	Ponds Forge - Sheffield
1500m	Freestyle	25-29	Rebecca Newman	18.48.52	27/10/2017	Ponds Forge - Sheffield				
50m	Backstroke	25-29	Emily Jones	32.74	26/10/2019	Ponds Forge - Sheffield	Emily Jones	34.26	01/06/2019	Ponds Forge - Sheffield
100m	Backstroke	25-29	Emily Jones	1.10.97	27/10/2019	Ponds Forge - Sheffield	Amy Hicks	1.31.89	01/06/2019	Ponds Forge - Sheffield
200m	Backstroke	25-29	Emily Jones	2.35.95	25/10/2019	Ponds Forge - Sheffield				
50m	Breaststroke	25-29	Emily Jones	36.97	27/10/2019	Ponds Forge - Sheffield	Hannah Boardman	42.41	01/06/2019	Ponds Forge - Sheffield
100m	Breaststroke	25-29	Emily Jones	1.23.04	25/10/2019	Ponds Forge - Sheffield	Emily Jones	1.25.27	01/06/2019	Ponds Forge - Sheffield
200m	Breaststroke	25-29	Emily Jones	2.56.96	26/10/2019	Ponds Forge - Sheffield				
50m	Butterfly	25-29	Anna Cheesebrough	29.51	22/02/2020	Blackpool	Emily Jones	33.46	01/06/2019	Ponds Forge - Sheffield
100m	Butterfly	25-29	Anna Cheesebrough	1.06.87	22/02/2020	Blackpool	Katie Purcell	1.36.52	12/06/2015	Manchester
200m	Butterfly	25-29	Katy Purcell	3.54.17	24/09/2017	Harrogate				
100m	Ind. Medley	25-29	Emma Ross	1.13.71	17/05/2014	Scarborough				
200m	Ind. Medley	25-29	Emma Ross	2.31.24	09/05/2015	John Charles - Leeds				
400m	Ind. Medley	25-29	Lucy Recchia	5.41.16	28/10/2016	Ponds Forge - Sheffield	Katie Purcell	7.18.53	12/06/2015	Manchester
50m	Freestyle	30-34	Emma Ross	30.30	29/10/2016	Ponds Forge - Sheffield				
100m	Freestyle	30-34	Emma Ross	1.05.10	28/10/2016	Ponds Forge - Sheffield				
200m	Freestyle	30-34	Emma Ross	2.22.20	29/10/2016	Ponds Forge - Sheffield				
400m	Freestyle	30-34	Jess Trewin	5.05.06	22/02/2020	Blackpool				
800m	Freestyle	30-34	Sarah Poole	12.36.36	01/07/2018	South Shields				
1500m	Freestyle	30-34	Carrine Walker	21.46.13	22/02/2015	Wigan				
50m	Backstroke	30-34	Andrea Jutzenka	37.76	30/10/2010	Ponds Forge - Sheffield				
100m	Backstroke	30-34	Andrea Jutzenka	1.23.32	30/10/2010	Ponds Forge - Sheffield	Andrea Jutzenka	1.25.13	17/06/2011	John Charles - Leeds
200m	Backstroke	30-34								
50m	Breaststroke	30-34	Krystle Baker	37.91	02/02/2013	Clay Cross				
100m	Breaststroke	30-34	Krystle Baker	1.24.76	02/02/2013	Clay Cross				
200m	Breaststroke	30-34								
50m	Butterfly	30-34	Emma Ross	34.32	01/10/2016	Leamington Spa				
100m	Butterfly	30-34	Victoria Smith	1.21.48	11/12/2011	Ponds Forge - Sheffield				
200m	Butterfly	30-34								
100m	Ind. Medley	30-34	Andrea Jutzenka	1.21.51	30/10/2010	Ponds Forge - Sheffield				
200m	Ind. Medley	30-34								
400m	Ind. Medley	30-34								
50m	Freestyle	35-39	Lucy Churm	28.67	29/10/2016	Ponds Forge - Sheffield	Lucy Churm	30.07	29/05/2016	London Aquatics Centre
100m	Freestyle	35-39	Philippa Rickard	1.05.61	21/11/2010	Ponds Forge - Sheffield	Andrea Jutzenka	1.10.94	19/06/2011	John Charles - Leeds
200m	Freestyle	35-39	Philippa Rickard	2.26.33	30/10/2010	Ponds Forge - Sheffield				
400m	Freestyle	35-39	Philippa Rickard	5.10.15	30/10/2010	Ponds Forge - Sheffield				
800m	Freestyle	35-39	Karen Dawson	12.07.02	22/01/2015	Wigan				
1500m	Freestyle	35-39								
50m	Backstroke	35-39	Lucy Churm	33.40	13/03/2016	Billingham	Lucy Churm	35.30	27/05/2016	London Aquatics Centre
100m	Backstroke	35-39	Philippa Rickard	1.17.16	18/09/2010	Durham				
200m	Backstroke	35-39								
50m	Breaststroke	35-39	Lucy Churm	37.28	29/10/2016	Ponds Forge - Sheffield	Lisa Stansbie	43.77	19/06/2011	John Charles - Leeds
100m	Breaststroke	35-39	Sally Evers	1.25.70	17/05/2014	Scarborough	Lisa Stansbie	1.39.14	18/06/2011	John Charles - Leeds
200m	Breaststroke	35-39								
50m	Butterfly	35-39	Lucy Churm	31.15	28/10/2016	Ponds Forge - Sheffield	Lucy Churm	33.80	28/05/2016	London Aquatics Centre
100m	Butterfly	35-39	Andrea Jutzenka	1.22.70	30/06/2013	Durham				
200m	Butterfly	35-39								
100m	Ind. Medley	35-39	Lucy Churm	1.13.30	30/10/2016	Ponds Forge - Sheffield				
200m	Ind. Medley	35-39	Andrea Jutzenka	2.51.42	26/10/2012	Ponds Forge - Sheffield	Andrea Jutzenka	3.00.02	18/06/2011	John Charles - Leeds
400m	Ind. Medley	35-39								
50m	Freestyle	40-44	Nina Williams	27.38	25/10/2014	Ponds Forge - Sheffield	Nina Williams	29.00	14/06/2014	Swansea
100m	Freestyle	40-44	Nina Williams	1.00.18	24/10/2014	Ponds Forge - Sheffield	Nina Williams	1.02.56	13/06/2014	Swansea
200m	Freestyle	40-44	Kirsten Cameron	2.07.42	12/09/2014	St Brelade - Jersey	Kirsten Cameron	2.09.05	13/06/2015	Manchester
400m	Freestyle	40-44	Kirsten Cameron	4.24.42	13/09/2014	St Brelade - Jersey	Kirsten Cameron	4.28.24	14/06/2015	Manchester
800m	Freestyle	40-44	Kirsten Cameron	8.55.34	24/01/2016	Papendrecht - Holland	Kirsten Cameron	9.06.86	12/06/2015	Manchester
1500m	Freestyle	40-44	Kirsten Cameron	17.01.66	22/02/2015	Wigan	Kirsten Cameron	17.31.55	10/05/2015	Eindhoven - Holland
50m	Backstroke	40-44	Philippa Rickard	34.88	11/04/2015	Blackpool	Philippa Rickard	36.49	15/06/2013	Plymouth
100m	Backstroke	40-44	Philippa Rickard	1.15.57	12/04/2014	Blackpool	Philippa Rickard	1.19.13	14/06/2014	Swansea
200m	Backstroke	40-44								
50m	Breaststroke	40-44	Lisa Dobson	36.24	15/11/2014	John Charles - Leeds	Karen Dawson	44.98	26/05/2016	London Aquatics Centre
100m	Breaststroke	40-44	Lisa Dobson	1.19.95	15/12/2013	Ponds Forge - Sheffield	Sally Evers	1.28.83	01/06/2019	Ponds Forge - Sheffield
200m	Breaststroke	40-44	Fione Harris	3.26.31	29/09/2012	Middlesbrough				
50m	Butterfly	40-44	Philippa Rickard	29.99	24/04/2015	Tollcross - Glasgow	Philippa Rickard	30.68	13/06/2015	Manchester
100m	Butterfly	40-44	Philippa Rickard	1.07.28	25/10/2014	Ponds Forge - Sheffield	Philippa Rickard	1.09.50	12/06/2015	Manchester
200m	Butterfly	40-44	Philippa Rickard	2.41.94	25/04/2015	Tollcross - Glasgow				
100m	Ind. Medley	40-44	Philippa Rickard	1.11.82	24/10/2014	Ponds Forge - Sheffield				
200m	Ind. Medley	40-44	Kirsten Cameron	2.39.95	16/09/2016	St Brelade - Jersey	Sally Evers	2.53.92	01/06/2019	Ponds Forge - Sheffield
400m	Ind. Medley	40-44								
50m	Freestyle	45-49	Nina Williams	27.46	25/04/2015	Tollcross - Glasgow	Nina Williams	28.59	14/06/2015	Manchester
100m	Freestyle	45-49	Nina Williams	1.00.56	24/04/2015	Tollcross - Glasgow	Nina Williams	1.03.18	13/06/2015	Manchester
200m	Freestyle	45-49	Nina Williams	2.16.04	25/04/2015	Tollcross - Glasgow	Nina Williams	2.23.10	16/08/2017	Budapest



Distance	Stroke	Age Gp	Female - Short Course				Female - Long Course			
			Name	Time	Date	Pool	Name	Time	Date	Pool
50m	Backstroke	70-74								
100m	Backstroke	70-74								
200m	Backstroke	70-74								
50m	Breaststroke	70-74								
100m	Breaststroke	70-74								
200m	Breaststroke	70-74								
50m	Butterfly	70-74								
100m	Butterfly	70-74								
200m	Butterfly	70-74								
100m	Ind. Medley	70-74								
200m	Ind. Medley	70-74								
400m	Ind. Medley	70-74								
50m	Freestyle	75-79								
100m	Freestyle	75-79								
200m	Freestyle	75-79								
400m	Freestyle	75-79								
800m	Freestyle	75-79								
1500m	Freestyle	75-79								
50m	Backstroke	75-79								
100m	Backstroke	75-79								
200m	Backstroke	75-79								
50m	Breaststroke	75-79								
100m	Breaststroke	75-79								
200m	Breaststroke	75-79								
50m	Butterfly	75-79								
100m	Butterfly	75-79								
200m	Butterfly	75-79								
100m	Ind. Medley	75-79								
200m	Ind. Medley	75-79								
400m	Ind. Medley	75-79								
50m	Freestyle	80-84								
100m	Freestyle	80-84								
200m	Freestyle	80-84								
400m	Freestyle	80-84								
800m	Freestyle	80-84								
1500m	Freestyle	80-84								
50m	Backstroke	80-84								
100m	Backstroke	80-84								
200m	Backstroke	80-84								
50m	Breaststroke	80-84								
100m	Breaststroke	80-84								
200m	Breaststroke	80-84								
50m	Butterfly	80-84								
100m	Butterfly	80-84								
200m	Butterfly	80-84								
100m	Ind. Medley	80-84								
200m	Ind. Medley	80-84								
400m	Ind. Medley	80-84								
50m	Freestyle	85-89								
100m	Freestyle	85-89								
200m	Freestyle	85-89								
400m	Freestyle	85-89								
800m	Freestyle	85-89								
1500m	Freestyle	85-89								
50m	Backstroke	85-89								
100m	Backstroke	85-89								
200m	Backstroke	85-89								
50m	Breaststroke	85-89								
100m	Breaststroke	85-89								
200m	Breaststroke	85-89								
50m	Butterfly	85-89								
100m	Butterfly	85-89								
200m	Butterfly	85-89								
100m	Ind. Medley	85-89								
200m	Ind. Medley	85-89								
400m	Ind. Medley	85-89								

Distance	Stroke	Age Gp	Male - Short Course				Male - Long Course			
			Name	Time	Date	Pool	Name	Time	Date	Pool
50m	Freestyle	18-24	Ryan Flanagan	23.07	28/10/2018	Ponds Forge - Sheffield	Ryan Flanagan	23.90	08/06/2018	Plymouth
100m	Freestyle	18-24	Joseph Sadio	51.68	29/10/2017	Ponds Forge - Sheffield	Ryan Flanagan	56.04	10/06/2018	Plymouth
200m	Freestyle	18-24	Joseph Sadio	1.55.09	26/10/2019	Ponds Forge - Sheffield	James Warren	2.07.23	15/06/2014	Swansea
400m	Freestyle	18-24	Ben Taylor-Walsh	4.15.00	24/09/2017	Harrogate	Richard Jagger	4.46.90	17/06/2017	John Charles - Leeds
800m	Freestyle	18-24	Josh Appleton	10.01.50	26/10/2018	Ponds Forge - Sheffield	Richard Jagger	10.04.49	17/06/2017	John Charles - Leeds
1500m	Freestyle	18-24	Josh Appleton	18.58.26	26/10/2018	Ponds Forge - Sheffield	Richard Jagger	19.07.66	17/06/2017	John Charles - Leeds
50m	Backstroke	18-24	Samuel Lawman	25.74	26/10/2019	Ponds Forge - Sheffield	Jake Rylatt	31.61	04/05/2012	Ponds Forge - Sheffield
100m	Backstroke	18-24	Samuel Lawman	58.77	29/10/2016	Ponds Forge - Sheffield	Stephen Heselton	1.09.99	14/06/2015	Plymouth
200m	Backstroke	18-24	Ben Taylor-Walsh	2.34.79	24/03/2019	Billingham				
50m	Breaststroke	18-24	Richard Ayre	28.53	29/10/2016	Ponds Forge - Sheffield	Stephen Heselton	31.62	16/06/2018	Plymouth
100m	Breaststroke	18-24	Ben Taylor-Walsh	1.05.70	28/10/2017	Ponds Forge - Sheffield	Stephen Heselton	1.11.55	15/06/2018	Plymouth
200m	Breaststroke	18-24	Josh Spencer	2.29.83	06/07/2013	Blackpool	Stephen Heselton	2.42.89	14/06/2018	Plymouth
50m	Butterfly	18-24	Ryan Flanagan	24.84	27/10/2018	Ponds Forge - Sheffield	Ryan Flanagan	25.46	09/06/2018	Plymouth
100m	Butterfly	18-24	Ryan Flanagan	55.50	27/10/2018	Ponds Forge - Sheffield	Josh Appleton	1.13.25	01/06/2019	Ponds Forge - Sheffield
200m	Butterfly	18-24	Josh Spencer	2.09.42	06/07/2013	Blackpool				
100m	Ind. Medley	18-24	Ryan Flanagan	57.31	27/10/2018	Ponds Forge - Sheffield				
200m	Ind. Medley	18-24	James Warren	2.14.98	26/10/2014	Ponds Forge - Sheffield	James Warren	2.22.42	13/06/2014	Swansea
400m	Ind. Medley	18-24								
50m	Freestyle	25-29	Ryan Flanagan	22.65	26/10/2019	John Charles - Leeds	Ryan Flanagan	25.14	01/06/2019	Ponds Forge - Sheffield
100m	Freestyle	25-29	Ryan Flanagan	50.12	26/10/2019	Ponds Forge - Sheffield	Ryan Flanagan	52.95	01/06/2019	Ponds Forge - Sheffield
200m	Freestyle	25-29	Richard Jagger	1.54.58	29/10/2016	Ponds Forge - Sheffield	Richard Jagger	2.00.79	02/04/2016	Ponds Forge - Sheffield
400m	Freestyle	25-29	Richard Jagger	4.14.27	27/10/2018	Ponds Forge - Sheffield	Richard Jagger	4.43.11	03/04/2016	Ponds Forge - Sheffield
800m	Freestyle	25-29	Richard Jagger	8.56.23	28/10/2018	Ponds Forge - Sheffield				
1500m	Freestyle	25-29								
50m	Backstroke	25-29	Philip Pratt	28.62	20/11/2010	John Charles - Leeds	Stephen Heselton	30.86	13/06/2015	Manchester
100m	Backstroke	25-29	Richard Jagger	1.02.58	19/11/2017	Ponds Forge - Sheffield				
200m	Backstroke	25-29	Peter Webster	2.23.98	24/10/2015	Ponds Forge - Sheffield				
50m	Breaststroke	25-29	Stephen Heselton	29.58	29/10/2016	Ponds Forge - Sheffield	Stephen Heselton	31.08	13/06/2015	Manchester
100m	Breaststroke	25-29	Stephen Heselton	1.03.70	13/05/2017	John Charles - Leeds	Stephen Heselton	1.09.02	13/06/2015	Manchester
200m	Breaststroke	25-29	James Warren	2.41.72	25/09/2016	Harrogate				
50m	Butterfly	25-29	Ryan Flanagan	24.55	26/10/2019	Ponds Forge - Sheffield	Ryan Flanagan	25.14	01/06/2019	Ponds Forge - Sheffield
100m	Butterfly	25-29	Ryan Flanagan	54.53	25/10/2019	Ponds Forge - Sheffield	Richard Jagger	1.00.81	17/08/2017	Budapest
200m	Butterfly	25-29	Richard Jagger	2.19.92	13/05/2017	John Charles - Leeds	Richard Jagger	2.21.65	19/08/2017	Budapest
100m	Ind. Medley	25-29	Ryan Flanagan	56.16	27/10/2019	Ponds Forge - Sheffield				
200m	Ind. Medley	25-29	Richard Jagger	2.13.37	29/10/2017	Ponds Forge - Sheffield	James Warren	2.21.02	17/08/2017	Budapest
400m	Ind. Medley	25-29								
50m	Freestyle	30-34	Alistair Crawford	22.95	29/10/2016	Ponds Forge - Sheffield	Alistair Crawford	23.78	29/05/2016	London Aquatics Centre
100m	Freestyle	30-34	Alistair Crawford	51.10	29/10/2017	John Charles - Leeds	Alistair Crawford	53.42	28/05/2016	London Aquatics Centre
200m	Freestyle	30-34	Richard Jagger	1.56.99	22/02/1907	Ponds Forge - Sheffield	Richard Jagger	2.02.63	01/06/2019	Ponds Forge - Sheffield
400m	Freestyle	30-34	Richard Jagger	4.15.32	25/10/2019	Ponds Forge - Sheffield	Richard Jagger	4.25.99	01/06/2019	Ponds Forge - Sheffield
800m	Freestyle	30-34	Richard Jagger	8.55.24	27/10/2019	Ponds Forge - Sheffield				
1500m	Freestyle	30-34	Adam Grice	21.25.53	28/10/2016	Ponds Forge - Sheffield				
50m	Backstroke	30-34	Alistair Crawford	27.78	28/11/2017	Ponds Forge - Sheffield	Philip Pratt	28.32	13/06/2015	Manchester
100m	Backstroke	30-34	David Holmes	1.03.33	29/11/2014	Derby	Paul Ellis	1.10.44	20/06/2010	Tollcross - Glasgow
200m	Backstroke	30-34	Richard Jagger	2.21.52	24/03/2019	Billingham	Paul Ellis	2.44.39	20/06/2010	Tollcross - Glasgow
50m	Breaststroke	30-34	Alistair Crawford	28.48	18/11/2018	Ponds Forge - Sheffield	Alistair Crawford	29.50	03/04/2016	Ponds Forge - Sheffield
100m	Breaststroke	30-34	Alistair Crawford	1.07.68	24/09/2017	Harrogate	Stephen Heselton	1.07.99	13/08/2019	Wangju
200m	Breaststroke	30-34	Richard Jagger	3.03.28	24/03/2019	Billingham				
50m	Butterfly	30-34	Alistair Crawford	24.84	18/11/2018	Ponds Forge - Sheffield	Alistair Crawford	25.18	28/05/2016	London Aquatics Centre
100m	Butterfly	30-34	Alistair Crawford	56.19	27/10/2017	Ponds Forge - Sheffield	David Holmes	59.98	12/06/2015	Manchester
200m	Butterfly	30-34					Paul Ellis	2.47.06	20/06/2010	Tollcross - Glasgow
100m	Ind. Medley	30-34	Alistair Crawford	59.15	24/10/2015	Ponds Forge - Sheffield				
200m	Ind. Medley	30-34	Richard Jagger	2.13.97	26/10/2019	Ponds Forge - Sheffield	Richard Jagger	2.25.46	01/06/2019	Ponds Forge - Sheffield
400m	Ind. Medley	30-34	David Holmes	4.51.63	22/02/2015	Wigan				
50m	Freestyle	35-39	Alistair Crawford	22.82	26/10/2019	Ponds Forge - Sheffield	Alistair Crawford	23.99	01/06/2019	Ponds Forge - Sheffield
100m	Freestyle	35-39	Alistair Crawford	50.68	27/10/2019	Ponds Forge - Sheffield	Alistair Crawford	53.43	01/06/2019	Ponds Forge - Sheffield
200m	Freestyle	35-39	Chris Knee	2.00.37	23/10/2015	Ponds Forge - Sheffield	Chris Knee	2.09.52	15/06/2014	Swansea
400m	Freestyle	35-39	Pete Smith	4.28.50	13/05/2017	John Charles - Leeds	Pete Smith	4.34.74	14/06/2015	Manchester
800m	Freestyle	35-39								
1500m	Freestyle	35-39								
50m	Backstroke	35-39	Philip Pratt	27.04	14/05/2016	John Charles - Leeds	Philip Pratt	28.00	29/05/2016	London Aquatics Centre
100m	Backstroke	35-39	Philip Pratt	58.62	14/05/2016	John Charles - Leeds	Philip Pratt	1.02.42	29/05/2016	London Aquatics Centre
200m	Backstroke	35-39	James Barwick	2.23.79	28/10/2018	Ponds Forge - Sheffield	James Barwick	2.32.36	15/06/2019	Swansea
50m	Breaststroke	35-39	Alistair Crawford	28.55	27/10/2019	Ponds Forge - Sheffield	Alistair Crawford	29.67	01/06/2019	Ponds Forge - Sheffield
100m	Breaststroke	35-39	Chris Knee	1.08.85	28/10/2017	Ponds Forge - Sheffield	Peter Jackson	1.23.74	18/06/2017	John Charles - Leeds
200m	Breaststroke	35-39	James Barwick	3.03.95	24/09/2017	Harrogate				
50m	Butterfly	35-39	Alistair Crawford	24.93	26/10/2019	Ponds Forge - Sheffield	Alistair Crawford	24.94	01/06/2019	Ponds Forge - Sheffield
100m	Butterfly	35-39	Alistair Crawford	56.06	25/10/2019	Ponds Forge - Sheffield	Alistair Crawford	1.00.39	01/06/2019	Ponds Forge - Sheffield
200m	Butterfly	35-39	Paul Ellis	2.48.49	29/09/2012	Middlesbrough	Paul Ellis	2.46.81	19/06/2017	John Charles - Leeds
100m	Ind. Medley	35-39	Alistair Crawford	57.44	27/10/2019	Ponds Forge - Sheffield				
200m	Ind. Medley	35-39	Alistair Crawford	2.26.33	24/03/2019	Billingham	James Barwick	2.40.28	29/02/2020	Swansea
400m	Ind. Medley	35-39								
50m	Freestyle	40-44	Paul Clemence	23.31	24/10/2014	Ponds Forge - Sheffield	Paul Clemence	24.91	09/03/2014	Swansea
100m	Freestyle	40-44	Paul Clemence	52.83	27/10/2013	Ponds Forge - Sheffield	Paul Clemence	56.79	04/05/2012	Ponds Forge - Sheffield
200m	Freestyle	40-44	Paul Clemence	2.01.58	26/10/2013	Ponds Forge - Sheffield	Paul Clemence	2.12.46	19/06/2010	Tollcross - Glasgow
50m	Freestyle	40-44	Paul Clemence	4.25.76	25/02/2012	Palatine - Blackpool	Kyran Parker	4.42.77	14/06/2014	Swansea
800m	Freestyle	40-44	Paul Clemence	9.22.03	28/10/2012	Ponds Forge - Sheffield	Kyran Parker	9.52.43	15/06/2014	Swansea
1500m	Freestyle	40-44	Kyran Parker	17.58.74	24/10/2014	Ponds Forge - Sheffield	Kyran Parker	19.05.38	04/05/2012	Ponds Forge - Sheffield
50m	Backstroke	40-44	Paul Clemence	28.86	27/10/2013	Ponds Forge - Sheffield	Paul Clemence	30.77	15/06/2018	Plymouth
100m	Backstroke	40-44	Ben Shaw	1.13.58	24/03/2019	Hucknall				
200m	Backstroke	40-44								
50m	Breaststroke	40-44	Paul Clemence	31.24	26/10/2014	Ponds Forge - Sheffield				
100m	Breaststroke	40-44	Ben Shaw	1.14.28	18/11/2018	Ponds Forge - Sheffield				
200m	Breaststroke	40-44	Ben Shaw	2.54.58	01/02/2020	Carlisle				
50m	Butterfly	40-44	Paul Clemence	26.29	15/12/2013	Tollcross - Glasgow	Paul Clemence	27.56	08/03/2014	Swansea
100m	Butterfly	40-44	Ben Shaw	1.04.57	18/11/2018	Ponds Forge - Sheffield	Kyran Parker	1.07.33	18/06/2017	John Charles - Leeds
200m	Butterfly	40-44	Ben Shaw	2.32.84	23/02/2019	Blackpool				
100m	Ind. Medley	40-44	Paul Clemence	1.01.58	25/10/2013	Ponds Forge - Sheffield				
200m	Ind. Medley	40-44	Ben Shaw	2.24.10	26/10/2018	Ponds Forge - Sheffield	Kyran Parker	2.28.59	13/06/2014	Swansea
400m	Ind. Medley	40-44	Kyran Parker	5.06.07	25/10/2014	Ponds Forge - Sheffield	Kyran Parker	5.24.84	14/06/2014	Swansea
50m	Freestyle	45-49	Paul Clemence	23.70	28/10/2016	Ponds Forge - Sheffield	Paul Clemence	25.30	13/06/2015	Manchester
100m	Freestyle	45-49	Paul Clemence	52.81	30/10/2016	Ponds Forge - Sheffield	Paul Clemence	56.76	13/06/2015	Manchester
200m	Freestyle	45-49	Paul Clemence	2.06.03	03/12/2017	Hull	Kyran Parker	2.12.19	26/05/2016	London Aquatics Centre





Name(s)	Event	Age Grp	Course	Time	Pool	Date
<b>Paul Clemence</b>	Mens 50m freestyle	40-44	Short course	24:30	Ponds Forge - Sheffield	27/10/2012
<b>Julie Hoyle</b>	Womens 50m backstroke	50-54	Short course	33:85	Clay Cross - Derbyshire	02/02/2013
<b>Julie Hoyle</b>	Womens 100m backstroke	50-54	Short course	1.13:29	Clay Cross - Derbyshire	02/02/2013
<b>Paul Clemence</b>	Mens 50m freestyle	40-44	Short course	23:71	Ponds Forge - Sheffield	26/10/2013
<b>Paul Clemence</b>	Mens 50m freestyle	40-44	Short course	23:61	Ponds Forge - Sheffield	26/10/2013
<b>Paul Clemence Nina Williams Philippa Rickard Chris Knee</b>	Mixed 200m freestyle relay	160+	Short course	1.43:83	Ponds Forge - Sheffield	26/10/2013
<b>Paul Clemence</b>	Mens 100m freestyle	40-44	Short course	52:83	Ponds Forge - Sheffield	27/10/2013
<b>Paul Clemence Neil Metcalfe Dave Emerson Chris Knee</b>	Mens 200m freestyle relay	160+	Short course	1.38:19	Ponds Forge - Sheffield	27/10/2013
<b>Paul Clemence</b>	Mens 50m freestyle	40-44	Long course	24:91	Swansea	09/03/2014
<b>Julie Hoyle</b>	Womens 50m backstroke	50-54	Short course	33:63	Palatine - Blackpool	12/04/2014
<b>Julie Hoyle</b>	Womens 100m backstroke	50-54	Short course	1.13:00	Palatine - Blackpool	12/04/2014
<b>Julie Hoyle</b>	Womens 50m backstroke	50-54	Short course	33:51	Scarborough	17/05/2014
<b>Julie Hoyle</b>	Womens 50m backstroke	50-54	Short course	33:23	Palatine - Blackpool	06/07/2014
<b>Julie Hoyle</b>	Womens 100m backstroke	50-54	Short course	1.12:69	Palatine - Blackpool	06/07/2014
<b>Paul Clemence Nina Williams Philippa Rickard Chris Knee</b>	Mixed 200m freestyle relay	160+	Short course	1.43:19	Palatine - Blackpool	06/07/2014
<b>Paul Clemence</b>	Mens 50m freestyle	40-44	Short course	23:31	Ponds Forge - Sheffield	24/10/2014
<b>Paul Clemence Nina Williams Philippa Rickard Chris Knee</b>	Mixed 200m freestyle relay	160+	Short course	1.41:32	Ponds Forge - Sheffield	24/10/2014
<b>Julie Hoyle</b>	Womens 50m backstroke	50-54	Short course	33:06	Ponds Forge - Sheffield	25/10/2014
<b>Dave Emerson</b>	Mens 50m freestyle	50-54	Short course	25:13	Ponds Forge - Sheffield	25/10/2014
<b>Phil Pratt David Holmes Dave Emerson Paul Clemence</b>	Mens 200m medley relay	160+	Short course	1.48:29	Ponds Forge - Sheffield	25/10/2014
<b>Dave Emerson</b>	Mens 50m butterfly	50-54	Short course	27:24	Ponds Forge - Sheffield	25/10/2014
<b>Paul Clemence Dave Emerson David Holmes Chris Knee</b>	Mens 200m freestyle relay	160+	Short course	1.36:07	Ponds Forge - Sheffield	25/10/2014
<b>Paul Clemence Nina Williams Philippa Rickard Chris Knee</b>	Mixed 400m freestyle relay	160+	Short course	3.49:27	Ponds Forge - Sheffield	26/10/2014
<b>Julie Hoyle</b>	Womens 100m backstroke	50-54	Short course	1.12:05	Ponds Forge - Sheffield	26/10/2014
<b>Dave Emerson</b>	Mens 50m butterfly	50-54	Short course	27:24	John Charles - Leeds	15/11/2014
<b>Dave Emerson</b>	Mens 50m butterfly	50-54	Short course	27:10	Ponds Forge - Sheffield	14/12/2014
<b>Karen Graham</b>	Womens 200m freestyle	50-54	Long course	2.23:05	Crawley	31/01/2015
<b>Karen Graham</b>	Womens 400m freestyle	50-54	Long course	5.02:94	Crawley	31/01/2015
<b>Nina Williams</b>	Womens 400m freestyle	45-49	Short course	4.50:02	Wigan	22/02/2015
<b>Nina Williams</b>	Womens 100m freestyle	45-49	Short course	1.01:50	Billingham	22/03/2015
<b>Julie Hoyle</b>	Womens 200m backstroke	50-54	Short course	2.37:34	Tollcross - Glasgow	24/04/2015
<b>Nina Williams</b>	Womens 100m freestyle	45-49	Short course	1.00:56	Tollcross - Glasgow	24/04/2015
<b>Nina Williams</b>	Womens 200m freestyle	45-49	Short course	2.16:04	Tollcross - Glasgow	25/04/2015
<b>Paul Clemence</b>	Mens 50m freestyle	45-49	Short course	23:89	John Charles - Leeds	09/05/2015
<b>Dave Emerson</b>	Mens 100m butterfly	50-54	Short course	1.01:56	John Charles - Leeds	09/05/2015
<b>Dave Emerson</b>	Mens 50m butterfly	50-54	Short course	27:07	John Charles - Leeds	09/05/2015
<b>Julie Hoyle</b>	Womens 200m backstroke	50-54	Long course	2.43:18	Manchester	12/06/2015



Name(s)	Event	Age Grp	Course	Time	Pool	Date
Paul Clemence Philippa Rickard Nina Williams Chris Knee	Mixed 400m freestyle relay	160+	Long course	4.01:45	Manchester	13/06/2015
David Holmes James Warren Philip Pratt Alistair Crawford	Mens 200m freestyle relay	120+	Long course	1.37:34	Manchester	13/06/2015
Paul Clemence Richard Jagger Dave Emerson Chris Knee	Mens 200m freestyle relay	160+	Long course	1.39:67	Manchester	13/06/2015
Alistair Crawford	Mens 50m butterfly	30-34	Long course	25:88	Manchester	13/06/2015
Dave Emerson	Mens 50m butterfly	50-54	Long course	27:95	Manchester	13/06/2015
Paul Clemence Philippa Rickard Nina Williams Chris Knee	Mixed 200m freestyle relay	160+	Long course	1.47:07	Manchester	13/06/2015
Julie Hoyle	Womens 100m backstroke	50-54	Long course	1.14:53	Manchester	14/06/2015
Julie Hoyle	Womens 50m backstroke	50-54	Short course	32:87	Llandudno	03/10/2015
Julie Hoyle	Womens 100m backstroke	50-54	Short course	1.11:90	Llandudno	03/10/2015
Paul Clemence	Mens 50m freestyle	45-49	Short course	23:77	Ponds Forge - Sheffield	23/10/2015
Paul Clemence Josh Spencer Chris Knee Alistair Crawford	Mens 200m freestyle relay	120+	Short course	1.32:39	Ponds Forge - Sheffield	23/10/2015
Nina Williams Chris Knee Philippa Rickard Alistair Crawford	Mixed 400m freestyle relay	120+	Short course	3.48:29	Ponds Forge - Sheffield	24/10/2015
Dave Emerson	Mens 100m butterfly	50-54	Short course	1.01:18	Ponds Forge - Sheffield	24/10/2015
Julie Hoyle	Womens 100m backstroke	50-54	Short course	1.11:89	Ponds Forge - Sheffield	25/10/2015
Alistair Crawford Richard Jagger James Warren Chris Knee	Mens 400m freestyle relay	100+	Short course	3.29:94	Ponds Forge - Sheffield	25/10/2015
Karen Graham	Womens 200m freestyle	50-54	Long course	2.21:81	Crawley	23/01/2016
Philippa Rickard	Womens 400m freestyle	45-49	Short course	4.47:50	Blackpool	20/02/2016
Karen Graham	Womens 200m freestyle	50-54	Short course	2.19:10	Blackpool	20/02/2016
Julie Hoyle Paul Clemence Dave Emerson Nina Williams	Mixed 200m medley relay	200+	Short course	2.01.07	Blackpool	20/02/2016
Karen Graham	Womens 800m freestyle	50-54	Long course	10.25:46	Ponds Forge - Sheffield	01/04/2016
Richard Jagger Chris Knee James Warren Alistair Crawford	Mens 400m freestyle relay	120+	Long course	3.41:12	Ponds Forge - Sheffield	01/04/2016
Alistair Crawford	Mens 50m butterfly	30-34	Long course	25:55	Ponds Forge - Sheffield	01/04/2016
Nina Williams Julie Hoyle Lucy Churm Philippa Rickard	Womens 200m freestyle relay	160+	Long course	1.58:24	Ponds Forge - Sheffield	02/04/2016
Karen Graham	Womens 200m freestyle	50-54	Long course	2.20:36	Ponds Forge - Sheffield	02/04/2016
Philippa Rickard	Womens 400m freestyle	45-49	Long course	4.58:80	Ponds Forge - Sheffield	03/04/2016
Karen Graham	Womens 400m freestyle	50-54	Long course	4.58:71	Ponds Forge - Sheffield	03/04/2016
Julie Hoyle Lisa Dobson Philippa Rickard Nina Williams	Womens 200m medley relay	160+	Long course	2.12:15	Ponds Forge - Sheffield	03/04/2016

Name(s)	Event	Age Grp	Course	Time	Pool	Date
Julie Hoyle Karen Graham Stuart Hoyle Kyran Parker	Mixed 800m freestyle relay	200+	Long course	9.20:33	Ponds Forge - Sheffield	03/04/2016
Alistair Crawford	Mens 50m breaststroke	30-34	Long course	29:50	Ponds Forge - Sheffield	03/04/2016
Karen Graham	Womens 800m freestyle	50-54	Long course	10.23:61	London Aquatics Centre	25/05/2016
Karen Graham	Womens 200m freestyle	50-54	Long course	2.19:45	London Aquatics Centre	26/05/2016
Phil Pratt Alistair Crawford Philippa Rickard Karen Graham	Mixed 200m medley relay	160+	Long course	1.57:46	London Aquatics Centre	27/05/2016
Alistair Crawford	Mens 50m butterfly	30-34	Long course	25:18	London Aquatics Centre	28/05/2016
Karen Graham	Womens 400m freestyle	50-54	Short course	4.52:85	Stockport	09/07/2016
Paul Clemence	Mens 50m freestyle	45-49	Short course	23:70	Ponds Forge - Sheffield	28/10/2016
Paul Clemence Nina Williams Dave Emerson Julie Hoyle	Mixed 200m freestyle relay	200+	Short course	1.46:08	Ponds Forge - Sheffield	28/10/2016
Paul Clemence	Mens 50m butterfly	45-49	Short course	26:26	Ponds Forge - Sheffield	28/10/2016
Karen Graham	Womens 400m freestyle	50-54	Short course	4.49:91	Ponds Forge - Sheffield	29/10/2016
Paul Clemence Dave Emerson Chris Knee Alistair Crawford	Mens 200m freestyle relay	160+	Short course	1.34:15	Ponds Forge - Sheffield	29/10/2016
Kyran Parker Jeremy Greaves Dave Emerson Paul Clemence	Mens 200m medley relay	200+	Short course	1.56:48	Ponds Forge - Sheffield	29/10/2016
Karen Graham	Womens 200m freestyle	50-54	Short course	2.14:72	Ponds Forge - Sheffield	29/10/2016
Karen Graham Julie Hoyle Stuart Hoyle Kyran Parker	Mixed 800m freestyle relay	200+	Short course	9.03:10	Ponds Forge - Sheffield	30/10/2016
Paul Clemence	Mens 100m freestyle	45-49	Short course	52:81	Ponds Forge - Sheffield	30/10/2016
Paul Clemence Dave Emerson Chris Knee Alistair Crawford	Mens 400m freestyle relay	160+	Short course	3.34:41	Ponds Forge - Sheffield	30/10/2016
Philippa Rickard	Womens 800m freestyle	45-49	Short course	9.52:31	Ponds Forge - Sheffield	30/10/2016
Karen Graham	Womens 800m freestyle	50-54	Short course	10.10:39	Ponds Forge - Sheffield	30/10/2016
Julie Hoyle	Womens 50m backstroke	55-59	Long course	35:20	Crawley	21/01/2017
Nina Williams Julie Hoyle Karen Graham Philippa Rickard	Womens 200m freestyle relay	200+	Long course	2.00:37	Crawley	21/01/2017
Karen Graham	Womens 200m freestyle	50-54	Long course	2.19:35	Crawley	21/01/2017
Julie Hoyle	Womens 100m backstroke	55-59	Long course	1.15:51	Crawley	22/01/2017
Julie Hoyle Karen Graham Philippa Rickard Nina Williams	Womens 200m medley relay	200+	Long course	2.14:84	Crawley	22/01/2017
Julie Hoyle	Womens 50m backstroke	55-59	Long course	34:11	Crawley	22/01/2017
Julie Hoyle	Womens 200m backstroke	55-59	Long course	2.46:16	Crawley	22/01/2017
Karen Graham	Womens 800m freestyle	50-54	Short course	10.08.35	Blackpool	19/02/2017
Julie Hoyle	Womens 100m IM	55-59	Short course	1.13:77	Blackpool	19/02/2017
Julie Hoyle	Womens 50m backstroke	55-59	Short course	33:74	Blackpool	19/02/2017
Bill Moore	Mens 100m breaststroke	80-85	Short course	1.52:27	Blackpool	19/02/2017
Dave Emerson	Mens 50m butterfly	55-59	Short course	27:71	Blackpool	19/02/2017
Julie Hoyle	Womens 400m freestyle	55-59	Short course	5.06:83	Blackpool	19/02/2017
Julie Hoyle	Womens 100m backstroke	55-59	Short course	1.12:64	Blackpool	19/02/2017
Bill Moore	Mens 200 breaststroke	80-85	Short course	4.10:78	Blackpool	19/02/2017

Name(s)	Event	Age Grp	Course	Time	Pool	Date
<b>Bill Moore</b>	Mens 1500 freestyle	80-85	Long course	30.10:14	Aberdeen	16/06/2017
<b>Karen Graham</b>	Womens 200m freestyle	50-54	Long course	2.18:77	Aberdeen	16/06/2017
<b>Karen Graham</b>	Womens 400m freestyle	50-54	Long course	4.58:38	Aberdeen	17/06/2017
<b>Karen Graham</b>	Womens 100m freestyle	50-54	Long course	1.04:09	Aberdeen	17/06/2017
<b>Dave Emerson</b>	Mens 50m butterfly	55-59	Short course	27:62	South Shields	02/07/2017
<b>Dave Emerson</b>	Mens 50m butterfly	55-59	Short course	27:11	Stockport	08/07/2017
<b>Nina Williams Julie Hoyle Karen Graham Philippa Rickard</b>	Womens 200m freestyle relay	200+	Long course	1.59.69	Budapest	18/08/2017
<b>Julie Hoyle Karen Graham Philippa Rickard Nina Williams</b>	Womens 200m medley relay	200+	Long course	2.14.71	Budapest	18/08/2017
<b>Alistair Crawford Philippa Rickard Nina Williams Chris Knee</b>	Mixed 200m freestyle relay	160+	Long course	1.45.14	Budapest	18/08/2017
<b>Phil Pratt Alistair Crawford Philippa Rickard Nina Williams</b>	Mixed 200m medley relay	160+	Long course	1.56.52	Budapest	18/08/2017
<b>Julie Hoyle</b>	Womens 50m backstroke	55-59	Short course	33:37	Ponds Forge - Sheffield	28/10/2017
<b>Dave Emerson</b>	Mens 50m freestyle	55-59	Short course	25:42	Ponds Forge - Sheffield	28/10/2017
<b>Julie Hoyle</b>	Womens 200m backstroke	55-59	Short course	2.40:92	Ponds Forge - Sheffield	28/10/2017
<b>Chris Knee Alistair Crawford James Warren Richard Jagger</b>	Mens 800m freestyle relay	120+	Short course	8.24:11	Ponds Forge - Sheffield	28/10/2017
<b>Karen Graham</b>	Womens 400m freestyle	50-54	Long course	4.58:35	Norwich	19/05/2018
<b>Stephen Allen Paul Clemence Dave Emerson Chris Knee</b>	Mens 200m medley relay	200+	Short course	1.55:82	Stockport	14/07/2018
<b>Phil Pratt Richard Ayre Alistair Crawford Chris Knee</b>	Mens 200m medley relay	120+	Short course	1.43:48	Ponds Forge - Sheffield	27/10/2018
<b>Phil Pratt Richard Ayre Alistair Crawford Richard Jagger</b>	Mens 400m medley relay	120+	Short course	3.54:18	Ponds Forge - Sheffield	27/10/2018
<b>Alistair Crawford Richard Ayre Chris Knee Richard Jagger</b>	Mens 400m freestyle relay	120+	Short course	3.54:18	Ponds Forge - Sheffield	28/10/2018
<b>Karen Graham</b>	Womens 800m freestyle	50-54	Short course	10.04.89	Blackpool	23/02/2019
<b>Chris Knee Ryan Flanagan Alistair Crawford Richard Jagger</b>	Mens 200m freestyle relay	120+	Long course	1.37:29	Ponds Forge - Sheffield	01/06/2019
<b>Ryan Flanagan</b>	Mens 100m butterfly	25-29	Short course	54:53	Ponds Forge - Sheffield	25/10/2019
<b>Alistair Crawford</b>	Mens 50m butterfly	35-39	Short course	24:93	Ponds Forge - Sheffield	26/10/2019
<b>Dave Emerson</b>	Mens 50m butterfly	55-59	Short course	26:85	Ponds Forge - Sheffield	26/10/2019
<b>Alistair Crawford Richard Jagger Richard Ayre Ryan Flanagan</b>	Mens 400m freestyle relay	100+	Short course	3.24:53	Ponds Forge - Sheffield	27/10/2019
<b>Alistair Crawford</b>	Mens 50m breaststroke	35-39	Short course	28:55	Ponds Forge - Sheffield	27/10/2019
<b>Alistair Crawford</b>	Mens 100m freestyle	35-39	Short course	50:68	Ponds Forge - Sheffield	27/10/2019
<b>Karen Graham</b>	Womens 400m freestyle	55-59	Long course	4.57:77	Crawley	18/01/2020
<b>Karen Graham</b>	Womens 800m freestyle	55-59	Short course	10.16:46	Carlisle	31/01/2020



## British Records

Last Updated:  
19th Jan 2020

Name(s)	Event	Age Grp	Course	Time	Pool	Date
<b>Karen Graham</b>	Womens 400m freestyle	55-59	Short course	4.51:63	Blackpool	22/02/2020
<b>Karen Graham</b>	Womens 200m freestyle	55-59	Short course	2.19:23	Blackpool	22/02/2020

*\* subject to ratification*

Name(s)	Event	Age Grp	Course	Time	Pool	Date
Kirsten Cameron	Womens 200m freestyle	40-44	Short course	2.08:14	Scarborough	17/05/2014
Kirsten Cameron	Womens 1500m freestyle	40-44	Long course	17.49:26	Swansea	13/06/2014
Kirsten Cameron	Womens 400m freestyle	40-44	Long course	4.30:33	Swansea	14/06/2014
Kirsten Cameron	Womens 200m freestyle	40-44	Long course	2.10:76	Swansea	15/06/2014
Julie Hoyle	Womens 50m backstroke	50-54	Short course	33:23	Palatine - Blackpool	06/07/2014
Paul Clemence Nina Williams Philippa Rickard Chris Knee	Mixed 200m freestyle relay	160+	Short course	1.43:19	Palatine - Blackpool	06/07/2014
Kirsten Cameron	Womens 800m freestyle	40-44	Short course	9.02:48	St Brelade, Jersey	12/09/2014
Kirsten Cameron	Womens 1500m freestyle	40-44	Short course	17.34:21	St Brelade, Jersey	12/09/2014
Kirsten Cameron	Womens 200m freestyle	40-44	Short course	2.07:64	St Brelade, Jersey	12/09/2014
Kirsten Cameron	Womens 400m freestyle	40-44	Short course	4.24:42	St Brelade, Jersey	13/09/2014
Paul Clemence Nina Williams Philippa Rickard Chris Knee	Mixed 200m freestyle relay	160+	Short course	1.41:32	Ponds Forge - Sheffield	24/10/2014
Julie Hoyle	Womens 50m backstroke	50-54	Short course	33:06	Ponds Forge - Sheffield	25/10/2014
Paul Clemence Nina Williams Philippa Rickard Chris Knee	Mixed 400m freestyle relay	160+	Short course	3.49:27	Ponds Forge - Sheffield	26/10/2014
Julie Hoyle	Womens 100m backstroke	50-54	Short course	1.12:05	Ponds Forge - Sheffield	26/10/2014
Kirsten Cameron	Womens 1500m freestyle	40-44	Short course	17.01:66	Wigan	22/02/2015
Julie Hoyle	Womens 200m backstroke	50-54	Short course	2.37:34	Tollcross - Glasgow	24/04/2015
Kirsten Cameron	Womens 800m freestyle	40-44	Long course	9.14:17	Eindhoven - Holland	08/05/2015
Kirsten Cameron	Womens 200m freestyle	40-44	Long course	2.10:46	Eindhoven - Holland	08/05/2015
Kirsten Cameron	Womens 400m freestyle	40-44	Long course	4.29:65	Eindhoven - Holland	09/05/2015
Kirsten Cameron	Womens 1500m freestyle	40-44	Long course	17.31:51	Eindhoven - Holland	10/05/2015
Kirsten Cameron	Womens 800m freestyle	40-44	Long course	9.06:86	Manchester	12/06/2015
Kirsten Cameron	Womens 200m freestyle	40-44	Long course	2.09:92	Manchester	13/06/2015
Karen Graham Kirsten Cameron James Warren Richard Jagger	Mixed 800m freestyle relay	120+	Long course	8.49:04	Manchester	13/06/2015
Kirsten Cameron	Womens 400m freestyle	40-44	Long course	4.28:24	Manchester	14/06/2015
Julie Hoyle	Womens 100m backstroke	50-54	Long course	1.14:53	Manchester	14/06/2015
Julie Hoyle	Womens 100m backstroke	50-54	Short course	1.11:90	Llandudno	03/10/2015
Kirsten Cameron	Womens 800m freestyle	40-44	Short course	8.58:19	St Brelade, Jersey	18/09/2015
Paul Clemence Josh Spencer Chris Knee Alistair Crawford	Mens 200m freestyle relay	120+	Short course	1.32:39	Ponds Forge - Sheffield	23/10/2015
Julie Hoyle	Womens 100m backstroke	50-54	Short course	1.11:89	Ponds Forge - Sheffield	25/10/2015
Alistair Crawford Richard Jagger James Warren Chris Knee	Mens 400m freestyle relay	100+	Short course	3.29:94	Ponds Forge - Sheffield	25/10/2015
Kirsten Cameron	Womens 800m freestyle	40-44	Long course	8.55:34 *	Papendrecht - Holland	24/01/2016
Julie Hoyle Paul Clemence Dave Emerson Nina Williams	Mixed 200m medley relay	200+	Short course	2.01:07	Blackpool	20/02/2016
Richard Jagger Chris Knee James Warren Alistair Crawford	Mens 400m freestyle relay	120+	Long course	3.41:12	Ponds Forge - Sheffield	01/04/2016
Julie Hoyle Karen Graham Stuart Hoyle Kyran Parker	Mixed 800m freestyle relay	200+	Long course	9.20:33	Ponds Forge - Sheffield	03/04/2016

Name(s)	Event	Age Grp	Course	Time	Pool	Date
<b>Paul Clemence Nina Williams Dave Emerson Julie Hoyle</b>	Mixed 200m freestyle relay	200+	Short course	1.46:08	Ponds Forge - Sheffield	28/10/2016
<b>Julie Hoyle Paul Clemence Dave Emerson Karen Graham</b>	Mixed 200m medley relay	200+	Short course	2.00:27	Ponds Forge - Sheffield	28/10/2016
<b>Karen Graham Julie Hoyle Stuart Hoyle Kyran Parker</b>	Mixed 800m freestyle relay	200+	Short course	9.03:10	Ponds Forge - Sheffield	30/10/2016
<b>Julie Hoyle</b>	Womens 100m backstroke	55-59	Long course	1.15:51	Crawley	22/01/2017
<b>Julie Hoyle Karen Graham Philippa Rickard Nina Williams</b>	Womens 200m medley relay	200+	Long course	2.14:84	Crawley	22/01/2017
<b>Julie Hoyle</b>	Womens 50m backstroke	55-59	Long course	34:11	Crawley	22/01/2017
<b>Julie Hoyle</b>	Womens 100m IM	55-59	Short course	1.13:77	Blackpool	19/02/2017
<b>Julie Hoyle</b>	Womens 50m backstroke	55-59	Short course	33:74	Blackpool	19/02/2017
<b>Julie Hoyle</b>	Womens 50m backstroke	55-59	Short course	1.12:64	Blackpool	19/02/2017
<b>Dave Emerson</b>	Mens 50m butterfly	55-59	Short course	27:11	Stockport	08/07/2017
<b>Julie Hoyle</b>	Womens 50m backstroke	55-59	Short course	33:37	Ponds Forge - Sheffield	28/10/2017
<b>Julie Hoyle</b>	Womens 200m backstroke	55-59	Short course	2.40:92	Ponds Forge - Sheffield	28/10/2017
<b>Dave Emerson</b>	Mens 50m butterfly	55-59	Short course	27:06	John Charles - Leeds	12/05/2018
<b>Dave Emerson</b>	Mens 50m butterfly	55-59	Short course	26:85	Ponds Forge - Sheffield	26/10/2019
<b>Alistair Crawford Richard Jagger Richard Ayre Ryan Flanagan</b>	Mens 400m freestyle relay	100+	Short course	3.24:53 *	Ponds Forge - Sheffield	27/10/2019

*\* subject to ratification*

Name(s)	Event	Age Grp	Course	Time	Pool	Date
<b>Kirsten Cameron</b>	Womens 800m freestyle	40-44	Short course	9.00:04	St Brelade, Jersey	27/09/2013
<b>Kirsten Cameron</b>	Womens 1500m freestyle	40-44	Short course	17.23:12	St Brelade, Jersey	28/09/2013
<b>Kirsten Cameron</b>	Womens 1500m freestyle	40-44	Short course	17.04:16	Ponds Forge - Sheffield	25/10/2013
<b>Kirsten Cameron</b>	Womens 800m freestyle	40-44	Short course	8.58:38	Ponds Forge - Sheffield	25/10/2013
<b>Kirsten Cameron</b>	Womens 800m freestyle	40-44	Short course	8.56:23	Ponds Forge - Sheffield	26/10/2013
<b>Kirsten Cameron</b>	Womens 1500m freestyle	40-44	Long course	17.49:26	Swansea	13/06/2014
<b>Paul Clemence Nina Williams Philippa Rickard Chris Knee</b>	Mixed 200m freestyle relay	160+	Short course	1.41:32	Ponds Forge - Sheffield	24/10/2014
<b>Kirsten Cameron</b>	Womens 1500m freestyle	40-44	Short course	17.01:66	Wigan	22/02/2015
<b>Kirsten Cameron</b>	Womens 1500m freestyle	40-44	Long course	17.31:51	Eindhoven - Holland	10/05/2015
<b>Paul Clemence Josh Spencer Chris Knee Alistair Crawford</b>	Mens 200m freestyle relay	120+	Short course	1.32:39	Ponds Forge - Sheffield	23/10/2015
<b>Alistair Crawford Richard Jagger James Warren Chris Knee</b>	Mens 400m freestyle relay	100+	Short course	3.29:94	Ponds Forge - Sheffield	25/10/2015
<b>Kirsten Cameron</b>	Womens 800m freestyle	40-44	Long course	8.55:34	Papendrecht - Holland	24/01/2016
<b>Paul Clemence Nina Williams Dave Emerson Julie Hoyle</b>	Mixed 200m freestyle relay	200+	Short course	1.46:08	Ponds Forge - Sheffield	28/10/2016
<b>Alistair Crawford Richard Jagger Richard Ayre Ryan Flanagan</b>	Mens 400m freestyle relay	100+	Short course	3.24:53 *	Ponds Forge - Sheffield	27/10/2019

\* subject to ratification



## T30 Records

Last Updated:  
06 Feb 2017

Name	Age Grp	Points	Pool	Year
Richard Jagger	25-29	2380m	John Charles - Leeds	2014-15
Pete Smith	30-34	2510m	John Charles - Leeds	2014-15
Kirsten Cameron	40-44	2450m	John Charles - Leeds	2014-15
Kirsten Cameron	40-44	2520m	John Charles - Leeds	2014-15
Kyran Parker	40-44	2460m	John Charles - Leeds	2014-15
Dianne Foster	45-49	1985m	John Charles - Leeds	2014-15
Guy Willard	45-49	2075m	John Charles - Leeds	2014-15
Lyn Hughes	50-54	2185m	John Charles - Leeds	2015-16
Louis Wyness	55-59	2100m	John Charles - Leeds	2015-16
Bill Moore	75-79	1710m	John Charles - Leeds	2014-15